SARDINIA STUDY TRIP

GAL Campidano | 26–28 October 2026

Transnational cooperation project "Rural Exploration of Culinary International Pathways across Europe"

Participants: 20 | Accommodation: Antiche Terme di Sardara

Monday, 26 October

Arrival and welcome

Time	Activity
16:00	**Arrival of participants** Arrival at Cagliari-Elmas Airport and transfer by bus to Antiche Terme di Sardara.
20:00	**Welcome dinner** Welcome dinner at Antiche Terme di Sardara.

Tuesday, 27 October

Traditions, local products and rural development

Time	Activity
09:00–09:30	**Meeting point** Meeting at Antiche Terme di Sardara and presentation of the activity programme.
09:30–10:00	**Transfer Sardara → Serrenti**
10:00–11:45	**Serrenti – Fulvio Tocco's olive grove** Visit to the olive grove and light snack with local products, also featuring products by Emanuele Frau - La Dispensa del Fattore. A moment dedicated to presenting local products and supply chains.
11:45	**Transfer Serrenti → Villasor**
12:00–12:45	**Villasor – Sa Fregula A S'Antiga** Presentation of the business and demonstration of traditional Sardinian fregola making, with a focus on local traditions and the connection with the territory.
12:45	**Transfer Villasor → Serramanna**
13:00–15:30	**Serramanna – Tanca de Soli Agritourism Farm** Visit to the agritourism farm and presentation of its agricultural activities, business experience and model for enhancing local products. Focus on the Molino Su Mori experience and the cooperation project under Measure 16.4. Lunch at Tanca de Soli follows.
15:30	**Transfer Serramanna → Pabillonis**

16:30–18:30	**Pabillonis – Presentation of the "Visit Pabillonis" project** Presentation of the project funded by GAL Campidano under Measure 7.5, focusing on the activities carried out and on the relationship between local heritage, rural tourism and territorial development.
18:30–19:30	**Pabillonis – Visit to Surbiu Agritourism Farm** Presentation of the farm, its products and agritourism experience.
20:00	**Dinner at Surbiu Agritourism Farm** Return to Antiche Terme di Sardara after dinner.

Wednesday, 28 October

Agricultural production, wine and local identity

Time	Activity
09:30	**Departure from Sardara** Meeting at Antiche Terme di Sardara and departure for San Gavino Monreale.
10:00–11:00	**San Gavino Monreale – Fabio Meloni farm and rice fields** Visit to the rice fields and presentation of rice cultivation, the production characteristics of the area and the local supply chain.
11:00	**Transfer San Gavino Monreale → Sanluri**
11:30–13:00	**Sanluri – Su'entu Winery** Visit to the winery and presentation of the company, vineyards, products and strategies for enhancing wine and the local area.
13:00–15:00	**Lunch at Su'entu Winery**
15:00–15:30	**Transfer Sanluri → Samassi**
15:30–17:30	**Samassi – Traditional Sardinian pasta workshop** Hands-on workshop dedicated to the preparation of traditional Sardinian pasta in a traditional Campidanese house.
17:30	**Transfer Samassi → San Gavino Monreale**
17:45–19:30	**San Gavino Monreale – Visit to the Dona Maxima Museum** Museum visit and introduction to the local cultural heritage and identity.
20:00	**San Gavino Monreale – Closing dinner at Pizzeria Lucignolo** Return to Antiche Terme di Sardara after dinner.

Thursday, 29 October

Breakfast and departure

Preliminary operational programme – timings may be adjusted following final confirmation by the participating businesses and host organisations.