

International Cooperation Project "Rural Exploration of Culinary International Pathways across Europe"

Finland / Pirkanmaa / Kantri Region Visit Program September 14.-17.2026

Monday 14.9. Arrival

Accommodation at **VAIHMALAN HOVI** <https://vaihmalanhovi.fi/en/>

18.30 Orientation tour to the hotel's amenities.

19.00 Introduction to the area and Outdooractive website, light dinner

Tuesday 15.9. Study tour to Pälkäne, Kangasala & Orivesi

8.00 Breakfast

8.45 **Departure** by bus for a day trip.

9.30 **PAJUPARVI HELENA TIILILÄ** <https://www.pajuparvi.fi/>

Company tour and tastings, with an opportunity to shop.

11.05 **MATKAILU- JA HYVINVOINTIKESKUS LEPOLA** <https://www.lepolakangasala.fi/en/>

Presentation of the company's services and a visit to Lepolan Puoti (shop).

Lunch with seasonal ingredients

13.45 **ELÄMYS MYLLYLÄ** <https://elamysmyllyla.fi/>

An introduction to Herkkupolku (Delicacy path) and other services.

15.40 **UNKILAN TILA** <https://www.unkilantila.fi/>

We'll learn about how the bakery and café operate.

Kahvia ja kastettavaa - Coffee and "something to dip in it"

Short presentation of Viinitupa Vuorenmaja <https://vuorenmaja.fi/en/>

17.00 **LAHTUAN TILA** <https://uusi.lahtua.fi/> "Wild Nature on Your Plate"

Wild herb and mushroom hike, group cooking workshop

app. 22-23.00 at Vaihmalan Hovi

Wednesday 16.9. Study tour to Lempäälä & Vesilahti

8.00 Breakfast

8.45 **Departure** by bus for a day trip

9.00 ILOLA <https://www.ilolanmaatila.fi/en>

Presentation of the company's services

10.20 MANTEREEN TILA <https://mantereentila.fi/mantere-farm/>

An introduction to Finnish cattle, primary production, lodging and the farm store.

12.00 NARVAN KYLÄPANIMO <https://www.narvankylapanimo.com/>

Brewery Tour, Beer Tasting and Lunch

- A 5-minute walk –

14.00 NARVAN MAATILAMAJOITUS <https://www.narvanmaatilamajoitus.fi/>

Tour of the B&B, sauna, chickens, and farm stand

Cheese-making workshop

16.00 PYHÄN BIRGITAN KIRKKO St. Birgit Memorial Church

<https://www.visitlempaala.fi/content/en/1/20259/20259/>

16.45 GLUTEENITON LEIPOMO ILONA <https://ilonaleipomo.fi/>

A visit to a bakery that makes only gluten-free products

Coffee

18.00 VAIHMALAN HOVI

Presentation: **Tammiharju** – Villa and Lakeside Sauna

Dinner

Thursday 17.9. Departure

Breakfast at Vaihmalan Hovi

Departure